

Soft PNVCL based aqueous particles

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Abstract

Soft nanoparticles are an important class of material with potential to be used as carriers of active compounds. Swollen, penetrable particles can act as hosts for these active ingredients and provide stability, stimuli-responsiveness and recyclability for the guest. Thermoresponsive colloidal gel particles are especially attractive for such applications due to the extremely soft structure, size and responsiveness. Poly(*N*-vinylcaprolactam) is a much studied, popular thermoresponsive polymer. The polymer has low toxicity and the phase transition temperature is close to body temperature. During the phase transition, the polymer becomes less soluble, the particle expels a large part of water and the particle collapses to a more compact one. The diffusion of material in and from the particles is largely affected by this transition. As the solubility of the polymer changes, so do the interactions with loaded compound. This minireview focuses on the synthetic methods, properties and applications of soft PNVCL particles.

Introduction

There is a need for aqueous carriers of active compounds as a large portion of drugs are insoluble in water, a solvent which is the basis of biological fluids.¹ Especially for cancer drugs, there is a need to deliver the drug to target site in a way that suppresses the toxicity on healthy cells and suppresses side-effects.²⁻⁴ In these applications the particles are used to mask the toxicity of the drug during the transport and to release it at target site. Water is also an important environmentally benign solvent for chemical transformations, but many catalysts and reagents need to be stabilized in water either to increase their availability and reactivity or to protect them from degradation. Soft (deformable) nanoparticles may help in compatibilization of the reagents and catalysts and act as nanoreactors. The particles may also help in separation of the catalyst from the product. Typical catalysts include both enzymes⁵ and metal nanoparticles.^{6,7}

From the different options available; self-assemblies of amphiphilic polymers, mesoporous silica particles, latex particles and such, micro- and nanogel particles are unique due to their dualistic nature between a branched soluble polymer and a crosslinked dispersed insoluble polymer particle.⁸⁻¹² These, 1 nm to few μm sized polymer particles are robust, swollen with water and extremely soft / deformable. The deformability has been recognized as an important factor in determining the fate of carriers in human body as softer particles exhibit longer circulation times due to smaller response to the body immune system and due to being able to deform and pass through membranes.¹³⁻¹⁵

Especially interesting soft nanoparticles are the stimuli responsive microgel particles as the responsiveness can be utilized in to control the diffusion of material in to and out from the particles¹⁶ and in separation of the particles from a dispersion. Stimuli can also be used to change the conformation of the polymers in the

particle to reveal active binding sites.¹⁷ Responsiveness is typically caused by the changed solubility of the sub-chains of the particle in response to a stimulus. Typical stimuli include pH, light and temperature.

There are for example applications where the catalytic activity of a loaded catalyst is controlled by the swelling degree of the polymer particle.¹⁸ On the other hand, many microgel particles have also been reported to possess surface active properties and been used to stabilize emulsions.^{5,19-22} There is then a possibility to use these microgel particles as emulsifiers, which gives interesting possibilities when accompanied with a loaded catalyst for the catalysis at interphases.²³⁻²⁵

Poly(N-vinyl caprolactam), PNVCL, is a popular polymer in general and also as a basis of responsive microgel particles. The main reasons are the low toxicity, thermoresponsiveness at moderate temperatures and the compatibility with a great variety of polar and non-polar compounds. PNVCL has been used in cosmetic products,²⁶ protein affinity columns,²⁷ and as a kinetic hydrate growth inhibitor in oil industry²⁸. The polymer is made via radical polymerization of N-vinylcaprolactam. The monomer is synthesized from acetylene and caprolactam, which is a monomer mainly used for the synthesis of Nylon-6.²⁹ Recently, a company named Genomatica announced it had synthesized a precursor for caprolactam in a 1 metric ton scale by fermentation from renewable resource.³⁰ An excellent and comprehensive review exists about PNVCL.³¹

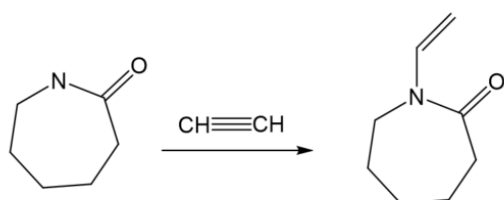


Figure 1. Synthesis of vinyl caprolactam

Thermoresponsiveness

The phase transition temperature of PNVCL depends on both the concentration and the molar mass of the polymer.³² Increasing either of these will result in lowering the transition temperature. Similarly, added electrolytes or cosolvents will shift the transition temperature to a degree determined by the choice of the additive.^{27,33-36} Commonly, the phase transition temperature is given as a cloud point, which is the temperature where a solution turns turbid as the polymer becomes less soluble and aggregates. Depending on the concentration the aggregation may result in monodisperse spherical aggregates referred to as mesoglobules or to a macroscopic phase separation.³⁷ Even though a single temperature value, i.e. the cloud point, is often used to describe the phase transition, high sensitivity DSC measurements and IR measurements have revealed that the phase transition process is gradual and happens within a relatively broad temperature range.^{37,38} According to the DSC measurements, the released heat per NVCL unit is in the range of 4-5 kJ/mol.³⁷ The transition has been studied using several methods. In a work by Speváček et al. NMR, IR and SAXS data combined with quantum chemical calculation elucidated the molecular basis of the transition.³⁹ Below the transition temperature the polymer is well solvated due to extensive hydrogen bonding. Every PNVCL carbonyl binds on average two water hydrogens. During the phase transition the extent of this hydrogen bonding decreases, non-directly bound water is expelled and after the transition PNVCL oxygen binds only one hydrogen. It is important to notice that the polymer is still hydrated, but to a lesser degree.

For a microgel particle, the phase transition temperature is often referred to as a volume phase transition temperature. The covalently crosslinked particles exhibit similar partial dehydration as the linear counterparts during heating, but instead of forming aggregates the particles shrink as water diffuses out from the gel network. Dynamic light scattering is the most utilized tool for analysing the transition. The degree of crosslinking is very important in determining the stability of the particles during heating. When the crosslinking degree is low, the microgels tend to aggregate similarly as the linear polymer.⁴⁰ It is fascinating, how the prepacking to particles result in stability. Other tools used for analysing the transition are NMR, SANS, and DSC that directly monitor the transition. Various release tests analyse the effect of the transition on the loaded compounds; fluorescence probes and model drugs have been used in release analysis. There are also examples of responsive microgels with interacting moieties which allow temperature-switchable binding and release of proteins and bacteria.¹⁷

Copolymerization can be used to tailor the transition temperature of the PNVCCL containing copolymer.⁴¹ Statistical copolymers of PNVCCL with a more hydrophobic comonomer, such as vinyl acetate exhibit lower phase transition temperature compared to the PNVCCL homopolymer with similar molecular weight. Vice versa, copolymers with a more hydrophilic comonomer such as *N*-methyl-*N*-vinylacetamide exhibit higher phase transition temperature compared to PNVCCL homopolymer. Distribution of repeating units in the copolymer has also a decisive role in determining the degree to which the incorporated comonomer affects the thermal behaviour. Therefore, it is possible to synthesize block copolymers with PNVCCL block and another thermoresponsive block, which exhibit two distinct phase transition temperatures, whereas a copolymer with more randomly distributed repeating units along the chain would exhibit only one transition.

In nano/microgels, the responsiveness is also often altered with comonomers, and comonomers are used to alter the stability of the dispersions.⁴²⁻⁵² Acidic and basic comonomers affect the swelling degree depending on the pH.^{44,47,51,52} Crosslinking degree was already mentioned to have a huge impact on the gels. However, there are also several examples of gel particles with different sensitive cleavable crosslinkers, including pH, oxidation/reduction, enzymatically degradable and mechanoresponsive ones.^{40,46,53-55} The transformations induced by cleaving the crosslinks are generally not recoverable unlike the thermosensitivity derived from the responsive polymer.

Utilization of the thermoresponsiveness

During the thermal transition, interactions between the dispersing medium and the polymer PNVCCL change. This affects also the interactions between the polymer particle and the loaded content.^{43,47,56,57} The diffusion in and out from the particle is diminished above the phase transition temperature as the polymer collapses and forms a barrier.

Thermoresponsive nanoparticles, including PNVCCL particles have been widely studied as drug delivery systems.^{43,46,47,49,56} The release from the particles is often diffusion controlled.¹⁶ The thermoresponsiveness is utilized to obtain a fast and efficient loading at lower temperatures and a sustained release at higher temperatures. The sustained release is important for the particle to reach its target prior to release. Specific interactions may be created by incorporating comonomers, often charged ones, to the particles. Acidic or basic units can provide a means for pH specific release.⁵¹

119 As the diffusion in to and out from the particle is dependent on the swelling degree, accessibility and thus
120 activity of a loaded catalyst may be controlled with the swelling degree.^{18,58} Similarly, functional groups in
121 the gel structure may be available only in the collapsed state.¹⁷

122 Soft microgel particles have also been studied as stabilizers of emulsions, and in these cases the thermal
123 collapse of the polymer changes the colloidal stability of the microgel and results in destabilization of the
124 emulsion.^{5,19-21,23}

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129 **Synthesis of soft particles**

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131 Soft PNVCL polymer particles can be synthesized from a preformed polymer using self-assembly or from
132 the monomer by means of polymerization, either emulsion or precipitation polymerizations. Also, “from
133 top to bottom” approach has been reported, where microgel particles were prepared by grinding a macro
134 hydrogel down to microgels.

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136 **Synthesis by self-assembly**

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138 PNVCL homopolymer may form stable self-assembled aggregates in aqueous solutions upon heating above
139 the thermal transition temperature under dilute conditions. The particle size and size distribution depends
140 on the molecular weight and concentration of the polymer and on the heating program.^{37,59,60} The self-
141 assembled structures are stable for days, even months, and the self-assembly process can be used to
142 capture material inside the particles. The particles are dynamic in their nature, stable against dilution, but
143 disassemble by lowering the temperature. However, hydrogen bonding with phenols may be used to make
144 the particles to withstand cooling.^{59,61} Similarly, PNVCL-block copolymers can form assemblies upon heating
145 and can be stabilized against heat induced dis-assembly.^{62,63}

146 In addition to thermoprecipitation, PNVCL block copolymers form assemblies as any amphiphilic block
147 copolymer. In these assemblies PNVCL can be either one, the solvophobic or solvophilic block depending on
148 the other block and on the conditions. PNVCL-PEG copolymer particles have been formed for example both
149 with thermoprecipitation⁵⁹ and with solvent-exchange from DMF to H₂O (37 °C).⁶⁴ Additionally, PNVCL block
150 copolymers have been self-assembled using nanoprecipitation and by film-dehydration followed by
151 membrane extrusion.⁶⁵

152 PNVCL has also been assembled with silk fibroin using the layer-by-layer method to form multilayers on
153 silica particles. Hydrophobic interactions and hydrogen bonding are responsible for the interactions
154 between silk fibroin and PNVCL.⁶⁶ The use of the self-assemblies of PNVCL copolymers in biomedical
155 applications has recently been reviewed.⁶⁷

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158 Synthesis by the means of polymerization

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160 1. Precipitation polymerization

161 Precipitation polymerization is a type of free radical polymerization that is used to make particles,
162 especially colloidal gels. In the polymerization the monomer is soluble in the solvent but the formed
163 polymer is not and as a result, the polymer will precipitate during the polymerization. When synthesising a
164 thermoresponsive polymer, the synthesis temperature is selected such that the formed polymer is
165 insoluble. Surfactants are often used in the synthesis to guide the polymer to precipitate into well-defined,
166 similar sized aggregates, which stay dispersed in the reaction mixture. When synthesizing colloidal gel
167 particles, difunctional comonomers, *i.e.* crosslinkers are used. Then the polymer particles/aggregates
168 formed during the synthesis become permanent polymer networks that do not break even upon improving
169 the solvent quality. Synthesis of colloidal PNVC hydrogels has been well studied and various comonomers
170 have been incorporated to the particles during the polymerizations.^{42-50,68-75}

171 Typically, precipitation polymerizations have been performed as batch polymerizations, meaning that all
172 monomers are present from the start. In batch polymerizations, the reactivity difference between
173 monomers can lead to a composition gradient in the particle structure as the more reactive monomer is
174 incorporated first.^{50,69,70,73} For this reason, PNVC colloidal gels usually have a more crosslinked core and
175 dangling chains on the surface, as the crosslinker, which is the more reactive monomer, has polymerized
176 first.^{70,73} Continuous and semi-continuous addition of monomers can be used to control the spatial
177 arrangement of the monomers in the gel particles. Imaz *et al.* and Willems *et al.* have reported syntheses of
178 a homogeneously crosslinked hydrogel particles with continued feed of the crosslinking monomer during the
179 polymerization.^{50,70} Temperature ramp and continuous feed have also been used to synthesize large 1 to 5
180 μm sized particles.⁷⁶ Precipitation polymerization has also been performed without surfactants in a inject
181 printer, where high shear forces and pressures have resulted in small stable particles (50 nm).⁷⁷ Also there
182 is a report of precipitation polymerization in a continuous flow reactor.⁷⁸

183 Precipitation polymerization can also be used to polymerize a PNVC shell on a pre-existing particle or on a
184 sacrificial template such as a dimethyldiethoxysilane droplet.⁷⁹ Removal of the sacrificial template will
185 produce particles with inner lumen, *i.e.* capsules.

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188 2. Emulsion polymerization

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190 Emulsion polymerization is "polymerization whereby monomer(s), initiator, dispersion medium, and
191 possibly colloid stabilizer constitute initially an inhomogeneous system resulting in particles of colloidal
192 dimensions containing the formed polymer", according to the IUPAC definition.⁸⁰

193 The typical precipitation polymerizations of NVCL in water is also sometimes referred to as an emulsion
194 polymerization. However, in this text the term precipitation polymerization is used for the aqueous
195 polymerizations of NVCL, which are performed above the phase transition temperature of PNVC, and
196 where the starting NVCL concentration (0.5–3 wt% monomer in respect to H_2O) is close to the solubility
197 limit of NVCL. Most of the PNVC particle syntheses are precipitation polymerizations. The use of larger
198 concentrations of NVCL has been reported to lead to colloidal instability and to the formation of coagulum
199 during the polymerization.⁷⁰

200 In addition to precipitation polymerizations in water, PNVCL particles have also been synthesized with
201 miniemulsion^{81,82} and inverse miniemulsion polymerizations^{83,84}. In miniemulsion and in inverse
202 miniemulsion polymerizations, the initial polymerization mixture consists of evenly sized droplets dispersed
203 in a continuous phase, and these droplets act as the loci of the polymerization and in the end turn in to
204 polymer particles.^{85,86} To clarify, the difference between emulsion and miniemulsion polymerization is that
205 in the latter, the starting mixture contains evenly sized droplets that have similar size as the resultant
206 particles. The formation of the initial droplets is achieved by using surfactants and by intensive mixing
207 processes such as sonication. The dispersed droplets often need to be stabilized against Ostwald ripening
208 by using a costabilizer, which is a compound that is highly insoluble to the continuous phase, but soluble to
209 the monomer phase.

210 In inverse miniemulsion polymerizations, the dispersed droplets consist of a polar solvent (usually water)
211 and the monomer, and the continuous phase is non-polar. This method is suitable for the synthesis of
212 watersoluble polymers. When the polymerization takes place in the droplet phase instead of the
213 continuous water phase, polymer particles are formed instead of a macrogel. Effective incorporation of
214 water-soluble compounds to the formed PNVCL colloidal gel particles could be a reason to use this
215 syntheses method.

216 In miniemulsion polymerization, the dispersed phase is organic and contains the monomer, and the
217 continuous phase is aqueous. The method has been used for the synthesis of PNVCL particles with high
218 monomer concentrations (up to 16 wt% in respect to H₂O)^{81,82} and to synthesize PNVCL particles with a
219 water insoluble comonomer,⁸⁷ which can be difficult with precipitation polymerization. The miniemulsion
220 polymerization often demands the use of an additional hydrophobe (costabilizer) such as hexadecane and
221 possibly the use of a cosolvent for the formation of the dispersed phase. The additives can result in a need
222 of extensive purification steps. There are however, reports of miniemulsion like polymerization of NVCL
223 without any cosolvent or costabilizers,^{87,88} with CTAB as the stabilizer and with starting NVLC concentration
224 <1.4 wt% performed after homogenization with a microfluidisizer (at least 1100 bars and 8 cycles). The
225 polymerization conditions are close to equal to the ones used in the precipitation polymerizations, except
226 for the homogenization process. NVCL is soluble in water at the used concentration, however relatively
227 stabile (at least for 250 min) monomer/surfactant droplets were observed with dynamic light scattering
228 before addition of the initiator. This was because of the slowness of the dissolution of NVCL in water. This
229 raises a question about the homogeneity of the starting situation in the precipitation polymerizations and
230 on the correctness of the use of the term. In studies on the precipitation polymerization of NVCL, the
231 starting mixture has seldom been investigated to verify the homogeneity.

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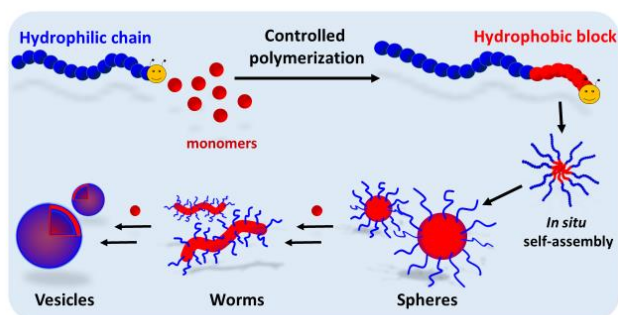
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236 **3. Polymerization induced self-assembly**

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238 Polymerization induced self-assembly (PISA) is a type of controlled polymerization, where a solvophilic
239 polymer is chain extended with a solvophobic block.^{89,90} During the polymerization the growth of the
240 solvophobic block causes the polymer to self-assemble. The polymerizations are most often RAFT
241 polymerizations, where a solvophilic macromolecule with a chain transfer agent (CTA) as an end group, *i.e.*
242 macromolecular CTA (macroCTA), is used to control the polymerization and as the soluble block in the

243 forming copolymer. This is also a synthetic route to obtain polymer particles. These particles are not
 244 polymer networks but amphiphilic self-assemblies consisting of block copolymers with narrow molecular
 245 weight distributions. Usually, no surfactant is needed in addition to the soluble polymer to be chain
 246 extended. Other appealing aspect of the polymerization is the possibility to obtain different well-defined
 247 morphologies by changing the block length ratio and concentration of the polymerization. Typically, also
 248 high monomer concentrations (10 to 30 wt%) can be and are used in the PISA polymerizations.



249
 250 *Figure 2. Polymerization induced self-assembly in water (by Vikram Baddam)*

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252 Recently, the first example of PISA of NVCL as the sole monomer was reported.⁶³ Prior work has shown how
 253 a partial utilization of the PISA concept can also be beneficial compared to the precipitation/emulsion free
 254 radical polymerizations. Etchenausia et al. have synthesized cationic hydrogel particles by polymerizing
 255 NVCL in water above the phase transition temperature of PVCL with crosslinker and a cationic
 256 macroCTA.⁹¹ Using a crosslinker in a batch polymerization makes it unlikely to obtain a controlled
 257 polymerization and hence the polymerization induced self-assembly. However, the synthetic approach
 258 proved to be suitable for the production of colloidal hydrogel particles at high monomer concentrations (up
 259 to 10 wt% in respect to mass of H₂O) compared to a free radical precipitation polymerization counterpart
 260 (no CTA, just surfactants). The macroCTA group reacted during the polymerization and imparted
 261 unprecedented stability to the system against coagulation. Same group also performed aqueous PISA
 262 copolymerization of NVCL and vinylacetate with a PEG based macroCTA.⁹² Control over molecular mass was
 263 limited and only few polymerizations were made, but the resultant material was interesting as the formed
 264 polymers resembled by composition Soluplus⁹³ (a commercial PNVCL containing polymer in clinical trials).
 265 No crosslinker was used as the hydrophobic comonomer prevented the dissolution of the formed assembly
 266 upon cooling if used in sufficiently high amounts (47 mol% of monomers in feed).

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268 **Comparison of the synthesis methods**

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270 Various aspects of the different synthesis methods to obtain soft PNVCL nanoparticles are presented in
 271 Table 1, to allow convenient comparison between them.

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276 **Table 1** Various selected aspects of synthesis methods of PNVCL particles

Method	Concentration ^a	Suitable for	Surfactant ^b	REF.
Self-assembly	≤ 0.2 wt%	homo- and copolymers	not used	37,59,60,62,65,66
Precipitation polymerization	0.5–3 wt%	homo- and copolymers	0–8 wt%, or surfactant-type comonomer (2 – 50 wt%)	42-44,46-50,57,68-78,94
Miniemulsion polymerization	≤ 16 wt%	homo- and copolymers	0.4-2 wt% + possibly an additional costabilizer	81,82,87,88
Inverse miniemulsion polymerization	≤ 5 wt%	homo- and copolymers	100 wt%	84
PISA	1–30 wt%	copolymers	macroCTA	63,91,92

- 277 a) monomers in respect to the weight of solvents plus continuous phase,
278 b) wt% given in respect to monomer weight
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282 **Conclusions and future**
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284 The PNVCL particles are widely utilized as active ingredient carriers and emulsion stabilizers. PNVCL
285 provides a thermoresponsive matrix for hosting the guest. The polymer is ideal for this purpose due to its
286 non-toxicity and compatibility with a broad variety of compounds. Solvent phobicity is an efficient driving
287 force in loading of the particles. The particles themselves can act as nanoreactors and the temperature
288 governed conformation controls the accessibility of reagents inside the particles and diffusion of material in
289 and out from the particle. This accompanied with surface active properties provides opportunities in
290 interfacial reactions.

291 Current trend is to add functionality to the microgels for more specific tasks, and for more accurate delivery
292 and release of the active ingredient. Similarly, more sophisticated architectures such as vesicular particles
293 with drug loaded to the inner lumen surrounded by a membrane with temperature dependent
294 permeability,⁶⁵ degradable crosslinks for triggered release,^{62,79} and core-shell particles with pH dependent
295 accelerated release of proteins⁵¹ are promising.

296 There is also a report of PNVCL gel particles showing antiviral activity against HIV-virus.⁷⁵ Additionally, soft
297 PNVCL particles may be found in future in various scavenging applications including temperature
298 dependent interactions with bacteria¹⁷ or removing small amounts of oil from water ²². New innovative
299 applications keep appearing. As the synthesis methods develop and are getting industrially applicable, we
300 see a great future for soft PNVCL particles.

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